



011 913 3646

Ask for Brett, Frank, or Jaco.



078 823 3683

Speak to Jaco.

Meals from R80 per day.

Week 1

Monday

- ☐ Crumbed Pork Chop 150gr served with Butternut and Cheese sauce **OR**
- ☐ Curried Mince Yellow rice Green salad and dressing

Tuesday

- ☐ Beef stirfry with egg noodles and Teriyaki sauce **OR**
- ☐ Chicken Schnitzel 150gr Sautéed potatoes and sauce of your choice

Wednesday

- ☐ Beef Burger 150gr served with Chips **OR**
- ☐ Pizza 20cm (medium) with one topping of your choice: Sweet Chilli Chicken **OR** Sticky Beef strips **OR** Ham **OR** Bacon Bits

Thursday

- ☐ Savoury Mince Vetkoek with Green salad **OR**
- ☐ 1/4 Chicken Basted with Prego or Lemon and Herb sauce, Chips and green salad

Friday

- ☐ Beef stew Savoury rice and sweet carrots **OR**
- ☐ Battered Hake 150gr served with Chips Coleslaw and tartar sauce **OR**
- ☐ Macaroni Cheese topped with Bacon Bits

Week 2

Monday

- ☐ Beef Lasagne with green salad **OR**
- ☐ Chicken Curry Yellow rice and sambals

Tuesday

- ☐ Crumbed Hake Strips Creamy Mash and tartar sauce **OR**
- ☐ Beef and veggie pie with green salad

Wednesday

- ☐ Pork Meatballs with Tomato and Basil sauce with creamy mash **OR**
- ☐ Spaghetti Bolognese topped with cheddar cheese.

Thursday

- ☐ Flame Grilled Boerewors Pap Braised Corn Tomato and Onion gravy **OR**
- ☐ Chicken Breast stuffed with spinach and feta Savoury rice and mushroom sauce

Friday

- ☐ Chicken and Veggie Wrap with green salad **OR**
- ☐ Penne Carbonara with Broccoli and Cauliflower bake **OR**
- ☐ Steak Roll 150gr Flame Grilled served with Chips





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Terms and Conditions

- All orders placed the day before by 12 pm through our WhatsApp group 078 823 3683/071 505 8986 or call 011 913 3646
- Payments must be done 24 hours prior to delivery with proof of payment sent to gc@bennigans.co.za/ 071 505 8986 with:
 - Full Name,
 - Delivery Address,
 - Delivery time, and
 - Contact number
- Deliveries are done daily between 4 pm and 6 pm within a 5 km radius from the restaurant in Boksburg
- Please ensure someone is at the delivery address to receive meals.
- Card machines will also be available to make payment on deliveries.